

# RELATIONSHIPPING:



BUILDING AND SUSTAINING  
MEANINGFUL CONNECTION



# RESOURCES



[horizonpointconsulting.com/whatsup](https://horizonpointconsulting.com/whatsup)

The background is a solid purple color. There are several white curved lines that sweep across the frame, creating a sense of movement and framing the central text.

**CONNECTION IS WHY WE'RE HERE.**

Brené Brown

## SHARE STORY



**What is one connection you've made in the last year that had an unexpected impact on you?**

**Turn to someone new and share your answer!**

The background is a solid purple color with several white, irregular, hand-drawn lines that create abstract shapes and patterns across the page. The lines vary in thickness and direction, some being straight and others curved.

# **THE RELATIONSHIP BUILDING TOOLKIT**

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# GRATITUDE



PILLAR #1

**GIVE THANKS.**

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# HUMILITY



PILLAR #2

**BE HUMBLE.  
SIT DOWN.**

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# PEOPLE FIRST



PILLAR #3

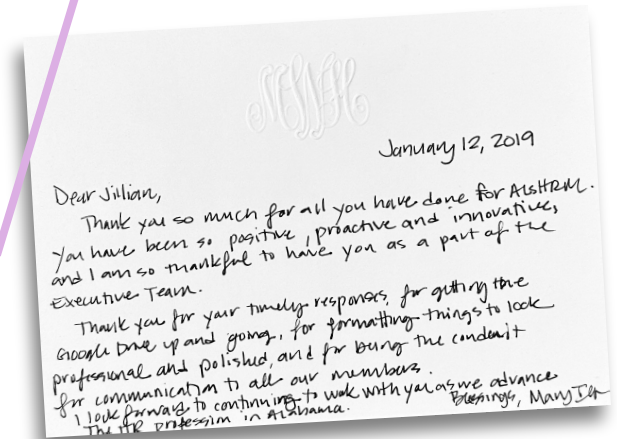
**HUMANITY IS  
EVERYTHING.**



# GRATITUDE

A simple thank you can transform relationships.

WRITE IT. TEXT IT. SAY IT.



**DO IT.**



# HUMILITY

Be more interested than interesting.

**LISTEN FIRST.**

**SPEAK SECOND.**



**DO IT.**



**ASK.  
LISTEN.  
RESPOND.**

# PEOPLE-FIRST MINDSET



## AGENDA

1. People First
2. Passion / Productivity
3. Continuous Learning & Improvement
4. Give Back

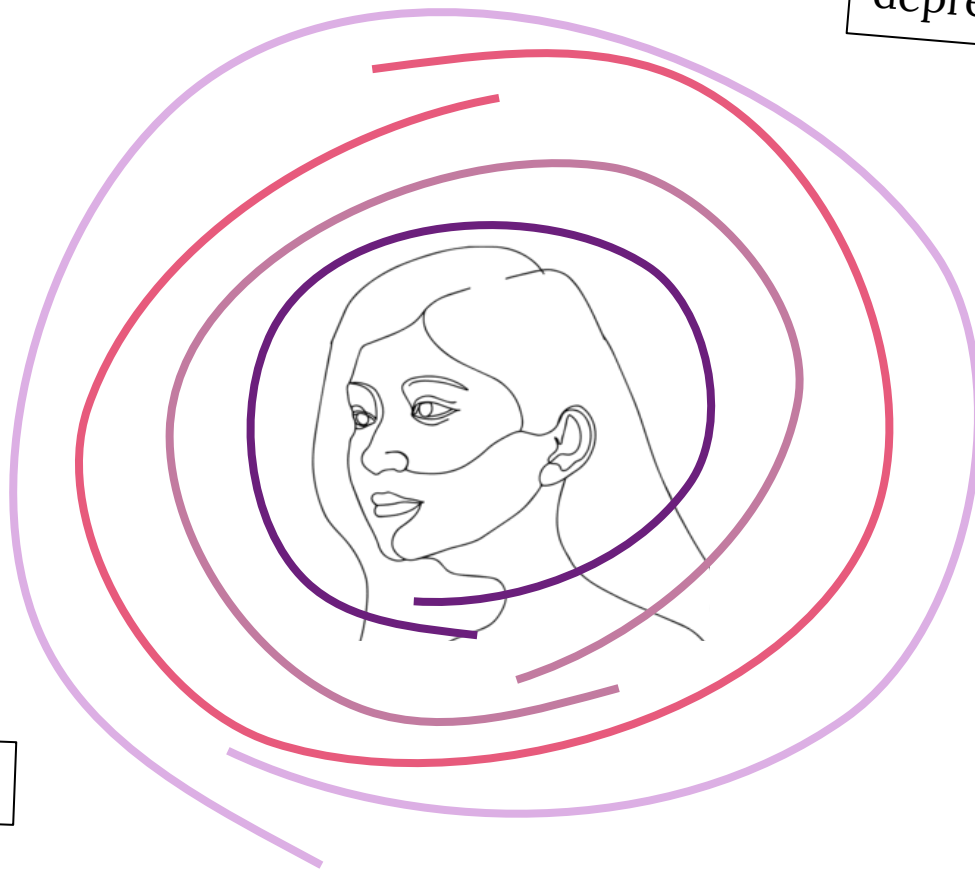
**DO IT.**



blue sky

emotional

artist



depressed

anxious

silly

joyful



animal lover

# GRATITUDE



PILLAR #1

**GIVE THANKS.**

---

# HUMILITY



PILLAR #2

**BE HUMBLE.  
SIT DOWN.**

---

# PEOPLE FIRST



PILLAR #3

**HUMANITY IS  
EVERYTHING.**



The background is a solid purple color with several white, irregular, hand-drawn lines that create a sense of movement and connection. These lines are scattered across the frame, some forming partial shapes and others as simple strokes.

**NEW CONNECTIONS**  
**MAKE COMMUNITIES**



# COMMUNITY



**DO IT.**

The background is a solid light purple color. It features two white curved lines that sweep across the frame from the top-left towards the bottom-right, creating a sense of movement and framing the central text.

**MAKE ONE MEANINGFUL  
CONNECTION THIS MONTH**

**THANK**



**YOU**



# JILLIAN MILES MASSEY



resources

