

## How to Be (Im)Perfect

Horizon Point Consulting, Inc.

---

*“Our behaviors create deep grooves in our personalities, like a heavy chair forming impressions in a shaggy rug, and it becomes harder and harder to escape them.*

*The best thing about Aristotle's ‘constant learning, constant trying, constant searching’ is what results from it: a mature yet still pliable person, brimming with experiences both old and new, who doesn’t rely solely on familiar routines or dated information about how the world works.”*

– Michael Schur, *How to Be Perfect*

People are not only one thing. People are naturally complex, and the most successful leaders are those who embrace the complexity and are willing to live in the inbetween of right and wrong, black and white, yes and no. Great leaders know how to be both.

This training helps organizational leaders and individual contributors learn the difference between Armored Leadership and Daring Leadership from Brene Brown’s Dare to Lead framework and equips people to be both armored and daring; to be both vulnerable and courageous.

### Objectives:

- Understand the principles of Armored Leadership vs. Daring Leadership
- Understand and practice vulnerability
- Apply a values-driven approach to work-life integration

The course follows an interactive format that caters to various learning styles and includes behavioral-based application and action planning. The workshop can be facilitated in half-day or full-day sessions.

