

Telling Your Story

Everyone has a story worth telling.

Sharing our personal stories helps us to describe who we are and helps us get to know one another. This leads to authenticity and inclusivity, which leads to better workplace outcomes.

Use the following blanks to explain key parts of your story – *who you are*. Here are some things to think about:

- What are key memories and experiences from your childhood/youth?
- Who are the major influences in your life? How have they shaped your story?
- What work experiences have you had that have shaped who you are?
- What “Aha!” moments have you had that changed the way you view the world and your role in it?

Remember, this is not about what you are. It is about *who* you are.

Key Story 1:

Key Story 2:

Key Story 3:

Key Story 4:
