Building a Psychologically Safe Workplace

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What makes a team successful? Why can one team build lasting competitive advantage for an organization while another just creates dysfunction?

Research tells us that the number one thing that separates successful from unsuccessful teams is the presence of psychological safety. It isn't about how smart we are or about how teams are organized or structured, it's about how we treat one another. Psychological safety is a shared belief that the team is safe for interpersonal risk taking. In psychologically safe teams, team members feel accepted and respected.

This workshop will equip participants with the ability to:

- Understand what psychological safety is and why it is important
- Assess the level of psychological safety in their workplace/team
- Engage in activities and practice to increase psychological safety
- Deploy and practice ways to address team conflict and increase diversity and inclusion teams and workplaces

If desired, this workshop can also include learning objectives specific to increasing psychological safety in remote teams.



